

When might someone need services?

Following discharge from a hospital, nursing facility, home health agency or if they have had difficulty with any of the following:



- Doing housework or laundry.
- Reading the newspaper, labels on medication bottles or dialing a telephone.
- Physical changes such as hearing loss or decreased eyesight that has affected activities such as reading, sewing or watching TV.
- Attending activities (i.e. church, senior center) or getting out of the home on a regular basis.
- Handling personal finances including writing checks.
- Taking medications properly.
- Preparing nutritious meals or eating independently.
- Opening and closing doors.
- Using the stove, appliances or other household items.
- Getting to and from medical appointments.
- Shopping independently.
- Accessing transportation.
- Wandering or getting lost while driving.
- Traffic violations.
- Forgetfulness or confusion.
- Going up and down stairs.
- Getting around the house.
- Poor balance or falling.
- Bathing without assistance (i.e. getting in and out of the bathtub).
- Dressing without assistance.
- Grooming (i.e. hair care, nail care, skin care).
- Getting on and off the toilet or in and out of chairs and bed.
- Incontinence or getting to the bathroom when needed.
- Sadness or loneliness.